McKeel Academy of Technology

NO EXPERIENCE Want to try a new sport? NEEDED

LEARN TO ROW

MARCH 17 3:00pm-4:00pm CARDIO PORTABLE @ MAT

> MARCH 19 3:00pm-5:00pm LAKE CRAGO

GRADES 7-12

All participants must be able to swim. All rowers must provide their own transportation to and from Lake Crago.



Contact Mrs. Gingras or Mrs. Mudge for more information kacigingras@mckeelschools.com angiemudge@mckeelschools.com